



**Lighthouse School®
300 Cluster Newsletter
January 2010**

Notes from the Homeroom:

Happy New Year! Lighthouse School had a very busy and exciting month of January. Students had the opportunity to participate in many motivating activities such as Video Game Club, an ice cream social and girl's intramural basketball. Our Varsity and JV Basketball teams have been practicing almost daily and showing great effort and sportsmanship on the court. Some students looking to support their teammates purchased a spectator ticket with their tokens and got to sit courtside and cheer on our team. Keep up the good work Breakers!

Students continued to use their tokens for the AMP, special activities and the ever so popular – AMP lunch cart, which offers students meals prepared by their peers through their vocational class in the Lighthouse Kitchen. Back this time of year is the Fitness Group that visit's Gold's Gym in Chelmsford once a week with students participating from the 300 and 400 Clusters. There they are instructed how to use free weights, Nautilus equipment and cardio machines. Each student tracks their progress during each session and challenges themselves with each visit. What a great way to start off the new year by developing healthy habits! With all this fresh, snow our TWEP trips have taken advantage of the weather and included outings such as sledding, snow shoeing, and hiking.

The 300 Cluster is off to a great start for 2010. Students are thinking of goals they would like to achieve for themselves in the new year and Quarter three is right around the corner. We wish you all a safe and happy 2010!